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FOR IMMEDIATE RELEASE

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LIFE TEEN ANNOUNCES NEW CATHOLIC PODCAST

LIFE TEEN's "Sunday, Sunday, Sunday" Podcast is number 1 Christian download and number 3 Religion and Spirituality download in its first day.

Mesa, AZ (November 9, 2006) –LIFE TEEN, an international Catholic youth organization announces that it is now producing a Catholic podcast entitled "Sunday, Sunday, Sunday". This free podcast is a weekly preparation for the upcoming Sunday Catholic Mass readings, hosted by the Bible Geek®, Mark Hart.

Podcasts are part of LIFE TEEN's ongoing commitment to provide relevant resources to help lead teens closer to Christ. "We're excited to know the Gospel is being heard, whether it is in a church, on the street corner, or on their iPod," says Matt Smith, Director of Internet Ministries for LIFE TEEN.

In its first day, the "Sunday, Sunday, Sunday" podcast was the number 1 Christian download and the number 3 Religion and Spirituality download. To access the LIFE TEEN "Sunday, Sunday, Sunday" podcast search for "lifeteen.com" in itunes or another mp3 catcher.

About LIFE TEEN

LIFE TEEN, Inc. was founded in 1985 and is an international Catholic movement that serves the Church by providing resources and faith experiences that help lead teens closer to Christ. This is accomplished through a vibrant Eucharistic spirituality and by creating widespread opportunities for teens to grow in their faith. For more information on LIFE TEEN, visit www.lifeteen.com/press.

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