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LIFE TEEN ANNOUNCES *SWORD OF THE SPIRIT: A BEGINNINER'S GUIDE TO ST. PAUL* BOOK RELEASE

Mesa, AZ - May 16, 2008 – In joyful response to Pope Benedict XVI's declaration of the Year of St. Paul (June 2008-2009), Life Teen, an international Catholic youth ministry movement, is pleased to announce the release of *Sword of the Spirit: A Beginner's Guide to St. Paul* (202 pgs., \$14.95)

A concise and enjoyable read for all ages, *Sword of the Spirit* makes St. Paul's most "confusing" writings accessible and practical. Each captivating chapter takes the reader on a journey into the mind and heart of the Church's greatest missionary. The appendix includes overviews of each epistle, a thematic concordance, a personal reading plan, verses for reflection and maps outlining St. Paul's travels, making it an invaluable and handy resource for everyone from Bible novices to scripture scholars.

Journey with two vibrant young Catholic authors as they introduce you to the real St. Paul. Award-winning author and Life Teen Executive Vice President Mark Hart and Catholic theologian Christopher Cuddy skillfully introduce the reader to the man who traveled thousands of miles over dozens of years all for the sake of Christ and His Kingdom.

Dr. Scott Hahn, renowned Catholic author, professor and Founder of the St. Paul Center for Biblical Theology provides the foreword to *Sword of the Spirit*, saying, "When you read St. Paul, it can be daunting...and for that reason we can be thankful for books like this one, and guides like its authors..."

About Life Teen

Life Teen, Inc. was founded in 1985 and is an international Catholic movement that serves the Church by providing resources and faith experiences that help lead teens closer to Christ. This

is accomplished through a vibrant Eucharistic spirituality and by creating widespread opportunities for teens to grow in their faith. For more information on Life Teen, visit www.lifeteen.com/press.

This is the third paperback release for Life Teen, Inc. Previous book releases include *100 Things Every Catholic Teen Should Know* and *Saintbook*.

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